



U.S. Department of Labor's OSHA recognizes MYR Group Companies for excellence in occupational safety and health through VPP Star Status Award

Rolling Meadows, Ill., October 29, 2008 — MYR Group Inc. (Nasdaq:MYRG) (“MYR”), a holding company of specialty contractors serving the electrical infrastructure market in the United States, announced that its subsidiary Sturgeon Electric Company, Inc. and the Chattanooga, Tennessee district of its subsidiary The L.E. Myers Co. achieved STAR status in the U.S. Labor Department’s Occupational Safety and Health Administration’s (OSHA) Voluntary Protection Program (VPP) for the Mobile Workforce Demonstration for Construction.

Regional OSHA officials will today participate in the presentation of the VPP STAR status recognition award to Sturgeon Electric Company, Inc. at its Henderson, Colorado location.

OSHA has recognized the management and employees of two of MYR’s subsidiary companies for achievement of STAR status in OSHA’s VPP for the Mobile Workforce Demonstration for Construction. Sturgeon Electric Company, Inc.’s Transmission and Distribution Division and its Commercial and Industrial Division received VPP Status in August 2008 for work performed in Colorado and will receive its recognition award today. The L.E. Myers Co., which received VPP Status in September 2008 for work it performed for the Tennessee Valley Authority (TVA) in multiple states, will soon receive its recognition award.

“MYR Group is a true leader in employee safety and health, especially in the construction industry,” said Greg Baxter, OSHA Regional VPP Administrator in Denver. “We are very fortunate to have high quality employers such as MYR in our region. Sturgeon Electric is the first electrical contractor in Region VIII to receive VPP recognition. This is a reflection of hard work, commitment and a sincere focus on workplace safety and health excellence.”

Management at MYR sets safety as a core value and feels that its safety programs are among the best in the industry. In August 2004, MYR, with other electrical transmission and distribution construction contractors and trade associations, formed a national OSHA Strategic Partnership (OSP). The training courses and best practices implemented through the OSP have contributed to improved safety and health throughout the company.

About OSHA

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing a safe and healthy workplace for their employees. OSHA's role is to promote the safety and health of America's working men and women by setting and enforcing standards; providing training, outreach, and education; establishing partnerships; and encouraging continual process improvement in workplace safety and health. For more information, visit www.osha.gov.

About MYR

MYR is a holding Company of specialty construction service providers. Through subsidiaries dating back to 1891, MYR is one of the largest national contractors servicing the transmission and distribution sector of the United States electric utility industry. Transmission and Distribution customers include electric utilities, cooperatives and municipalities. The Company also provides commercial and industrial electrical contracting services to facility owners and general contractors in the Western United States. MYR's comprehensive services include turn-key construction and maintenance services for the nation's electrical infrastructure.

MYR Contact:

Marco A. Martinez, Chief Financial Officer, 847-290-1891, mmartinez@myrgroup.com

Investor Contact:

Philip Kranz, Dresner Corporate Services, 312-780-7240, pkranz@dresnerco.com